



Accutane

Your IPLEDGE Number: _____

Accutane is a medication that is controlled by the FDA and starting this medication should not be taken lightly. The FDA has specific guidelines for taking this medication that are not negotiable. Female patients must have two negative pregnancy tests before starting Accutane. The first one can be done in the office today if you choose to start the medication.

You **MUST NOT**

1. Donate blood for the duration of treatment plus one month after.
2. Share your medication with anyone for any reason.
3. Female patients **must not** get pregnant while taking Accutane or breastfeed for the duration of treatment plus one month after treatment.

IF YOU THINK YOU ARE PREGNANT AT ANY TIME DURING TREATMENT, CALL THE OFFICE IMMEDIATELY AND STOP TAKING ACCUTANE.

You will have certain monthly responsibilities while taking Accutane.

1. Monthly appointments with your provider every 32-35 days.
2. Pick up your medication within 3-4 days.
3. **MONTHLY** lab draws unless otherwise specified.
4. Monthly log-ins to the website: ipledgeprogram.com to answer the questions in the pledge and confirm your forms of birth control so they match your provider. Your answers must match your provider's answers, or the medication will not be released to the pharmacy for you to pick up. This should be done within 24 hours after your appointment.

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Seasidederm.co

Your birth control methods:

1. _____
2. _____

IF YOU CHANGE YOUR FORMS OF BIRTH CONTROL, LET YOUR PROVIDER KNOW AS SOON AS YOU DECIDE TO CHANGE.

Side effects of this medication can vary from patient to patient. These side effects can start mild on lower dosages and may become more apparent or aggravating with increases in dosing. Most are treatable and easy to manage with tips from our office.

These include but are not limited to:

- Dry lips, eyes, and/or skin
- Headaches
- Muscle aches
- Depression and suicidal thoughts. **YOU MUST STOP YOUR MEDICATION IMMEDIATELY** and notify the office if you notice any of the following:
 - Uncontrollable crying or sadness
 - Feelings of worthlessness
 - Sleeping too much, no energy, withdrawal from family and friends
 - Significant weight loss or loss of appetite
- Abdominal pain

We are excited to help you obtain the clear skin you have always wanted, and we are your partner in this journey. Please contact us with any questions or concerns at (941)474-8811.