



## CoolPeel After Care

Congratulations on completing your CoolPeel treatment! CO2 lasers are the gold standard in treating wrinkles, age spots, acne scars, and other blemishes as well as tighten skin and balance skin tone.

### What to expect:

- You should expect to feel a warm/sunburn sensation for a day or two.
- A thin layer of medical grade occlusive should be used on the treated area as directed by your healthcare professional.
- Keep the area hydrated at all times. The more moisture = the better the healing process will be. Do not let the skin dry out.
- **Avoid sun exposure, intense workouts and sweating.**
- Avoid touching or cleaning the area for 24 hours.
- Skin should feel rough and gritty like sandpaper for 3-4 days post treatment but no extreme peeling like traditional treatments.

### Anticipated downtime:

- NONE! Nothing should prevent you from returning to your normal daily activities.

### Makeup:

- Can be applied gently 24-48 hours post treatment.
- Such as tinted moisturizer or a tinted sunscreen.

### Recommended skin care:

- Your medical provider will advise you on the best aftercare products following treatment.
- Let your skin breathe for the first 4-6 hours after treatment, then apply medical grade occlusive that night.
- Discontinue use of all retinols for two weeks. Cleanse "GENTLY" after 24 hours following treatment. A gentle recommended medical grade exfoliator may be used 5 days post treatment.

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