



DERMAL FILLERS (RESTYLANE & JUVEDERM)

How it Works:

Dermal fillers are soft gel like substances that are made of hyaluronic acid. Hyaluronic acid plays an important role in volumizing and hydrating the skin through absorption of water. Fillers can be injected into the skin at varying depths to improve lines and wrinkles, plump lips, correct asymmetries, and restore lost volume for a more youthful appearance.

Risks:

Most commonly include redness, bruising, and swelling. Other risks include reactivation of herpes outbreak (cold sores), surface irregularities (lumps and bumps), allergic reaction, granulomas, and infection. Very rarely vascular compromise, scarring and ulceration in the treatment area (potentially leading to blindness).

Results:

Results are temporary and vary from patient to patient. Some patients may require a touch up. Patients will require retreatment (approximately in 6-12 months) to maintain results. Duration of outcome is based on the filler type, placement, and the individual. Results will be visible immediately post injection with continued improvement "settling" over two to three weeks.

Post Care:

Please avoid vigorous exercise, consumption of alcoholic beverages, and extended heat or sun exposure for 24 hours. Note that while the majority of redness and swelling will improve within 24-48 hours, bruising can take up to 2 weeks to fully resolve. We avoid applying make-up to treated areas for 24 hours post injection. Arnica taken orally or applied topically can help with bruising.

Call your provider if your redness/swelling is getting worse, you develop a rash or discoloration in or around the treatment area, or you are experiencing pain following the procedure.

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