



## SCULPTRA (POLY-L LACTIC ACID)

### How it Works:

Sculptra, an injection of Poly-L lactic acid into the skin, stimulates collagen production thereby adding subtle volume and improving the quality of the skin. Collagen is a protein that gives structural support to the skin. Collagen production dwindles in our mid 20s to early 30s and is lost at a rate of approximately 1% each year. By our 40s, natural collagen production (without intervention) drops dramatically leading to signs of aging like wrinkles and sagging skin.

### Risks:

Most commonly include redness, swelling, bruising, itching, infection, and discomfort. Less commonly include nodules (lumps and bumps), granuloma formation, and allergic reactions.

### Results:

Sculptra is mixed with sterile water before injection, so immediately after injection you will feel fullness in treatment areas which will subside in 24-48 hours. It takes our body time to build collagen as a response to the poly-l lactic acid. Typically, you will not start to notice results until 6 weeks following your treatment. It will take several months to see your full treatment results. Results can last up to two years, but we suggest re-treating once a year as the aging process itself does not stop.

### Post Care:

It is important to massage treatment areas 5 times a day, for 5 minutes at a time, for 5 days following your injection. This massage keeps Sculptra evenly distributed and reduces the risk of developing lumps or bumps. Please avoid applying make-up to injection sites for 24 hours following injection.

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